

Ky Walker
Second Chance Sobriety Homes
162 North 6th Street
San Jose, CA 95112
9/26/2019

Dear Escalade Foundation:

Thank you for expressing such an active investment in my sobriety. With your help, I've been able to obtain safe living, encouraging a positive outlook for my ever-changing first few months of recovery. As each day brings opportunities, whether for character-building (practicing my 6th and 7th step), turning over matters beyond my control and asking for help (step 3), or inviting friends with less sobriety over to my new home (step 12), I am constantly undergoing transformation and improvement due to your support.

Because of your support, I've become more settled. Gone are the days of couch surfing, the thoughts of whether I'd pick up and drink or use if I had to come home to a house of substances. I do not have to be afraid of that scenario anymore. Now, I meet with my sponsor every Wednesday evening in Second Chance's basement. Together, we went over my Step 6 last night, and I was privileged to be walked through my Step 7.

I am so grateful to have received aid from Escalade throughout these first few months. I've found sobriety to not exactly be a cake walk. The assurance that I have a sober space to lay my head has been the exact forms of consistency that I never knew I wanted, let alone needed. Going to bed and waking up in the same place is not something to be taken for granted. I'm so thankful.

I'm excited to be steadily moving back into the stream of life, letting new opportunities in, taking action, and knowing I'm not the doer of works.

Escalade, I thank you from the bottom of my heart. You've really helped impact a foundation that I rely on daily.

Sincerely,

Kyla Walker